

## GOOD EARTH — MARKETS—

# APRIL

#### Garden of Life

Collagen Multi-Sourced Unflavored **12** serv

reg \$31.99



Garden of Life combined the two highest-quality collagen sources to produce a multi-sourced collagen product focused on purity, quality and sustainability.

Life **Seasons** 

**Biotin Quick Melts** 100 ct

reg \$17.99



Biotin is an essential nutrient that the body uses for protein synthesis and keratin production. It helps convert carbohydrates, fats, and proteins into the building blocks for healthy skin, hair, and nails.

## SUPPLEMENTS

Dr. Mercola Humic Fulvic **Acid Complex** DR.MERCOLA® 30 cap HUMIC FULVIC

reg \$24.99

Dr. Mercola **Biothin Bergamot** 30 ct

reg \$37.49



Dr. Mercola Ceramides for Skin Hydration 30 ct

reg \$37.49

DR.MERCOLA **CERAMIDES** FOR SKIN HYDRATION 5 mg Per Capsul

Dr. Mercola Liposomal Hyaluronic Acid 30 ct

reg \$24.99



**Source Naturals** 

Wellness Formula 120 cap

reg \$25.75



**Irwin Naturals** Steel-Libido 75 gel

reg \$33.32





**Irwin** 

**Naturals** Maca Root and Ashwagandha **75** gel

reg \$29.32



Maca Root

**Trace Minerals** ZeroLyte Electrolyte **Drink Mix** Select Flavors 30 pkt

reg \$38.10



**Planetary Herbals** Dr. Tierra's

Wild Cherry Bark Syrup **8** oz

reg \$24.50



Ollois Belladonna 30 c 80 ct

reg \$8.49



**Buried Treasure** Liquid Chlorophyll 16.54 oz

reg \$20.79



**Buried Treasure Fulvic Minerals Grape Flavor** 33 oz

reg \$31.79 3



## SUPPLEMENTS

35% 0FF

Life

60 ct

Seasons

Quercetin

Flavonoid

1.000 mg

reg \$29.99

\$19<sup>49</sup>



50% 0FF

Life

Berry

90 ct

Seasons

**Quick Melts** 

reg \$11.59

Zinc Elderberry

\$5<sup>79</sup>



50% 0FF

Life Seasons Vitamin D3 1,000 IU Quick Melts 100 ct

reg \$8.99

\$4<sup>49</sup>



50% 0FF

Seasons

Vitamin B12

10,000 mcg

**Quick Melts** 

Life

60 ct

\$10<sup>99</sup>



reg \$21.99

30% 0FF

\$34<sup>95</sup>



30% 0FF

Truvani Protein & Greens 12.59°<sup>2</sup>

reg \$44.95





30% 0FF

**Truvani** Plant Based Protein Matcha 22 °<sup>z</sup>

reg **\$49.95** 





30% 0FF

Truvani
Plant Based
Protein +
Energy
Vanilla Latte
15.87°

reg **\$49.95** 



40% 0FF

Solaray Magnesium Glycinate 350 mg 240 ct

reg \$34.99

\$20<sup>99</sup>



40% 0FF

> Solaray Berberine 500mg 60 ct

reg \$28.69





40% 0FF

> Prosorb Quercetin 30 ct

reg \$18.99





20% 0FF

\$31<sup>95</sup>



reg \$39.95



## GROCERY

La **Tourangelle Baking Spray** 

reg \$6.69



ithaca

Ithaca Hummus Lemon Garlic 10 oz

reg \$6.49

**Popchips Popped Potato Snacks** Select Flavors **5** oz

reg \$5.89



Evo Hemp Hemp Bar Select **Flavors** 1.7 oz

reg **\$4.79** 



**Mamma** Chia Chia Squeeze

Select Flavors

reg \$2.59

3.5 oz



I amaranth **Amaranth Chips** Select Flavors 3.5 oz

reg \$5.39

Angie's **Boom Chicka** Pop **Popcorn** Select Flavors 4.5 oz

reg \$5.39



**Element** Rice Cakes Dark Chocolate 3.5 oz

reg \$5.99



Net Wt. 3.5oz (100g)

**Equal** Exchange Chocolate Chips

Semi-Sweet 10 oz

reg \$8.59



**Local Hive** Honey Wildflower Raw 16 oz

reg \$12.79

GF R MON GMO



**Local Hive** Honey Orange **Blossom** 16 oz

reg \$13.59



Lovebird Grain-Free Cereal Unsweetened

reg \$11.19



## GROCERY

40% 0FF

\$11<sup>59</sup>

40% 0FF \$489

35% OFF \$215

OFF

\$309

Manitoba Harvest Hemp Hearts

Shelled Hemp Seeds 16 °2

reg \$19.39

HEMP HONORAN HEARTS SHELLED HEMP SEEDS Manitoba Harvest Hemp Granola

Hemp Granola Honey & Oats 10 °<sup>z</sup>

reg \$8.19



Simply
Delish
Instant
Pudding
Chocolate

reg **\$3.29** 

1.7 oz

Somos Ready-to-Eat Rice Select Flavors 8.80 °<sup>z</sup>

reg \$4.79



35% 0FF

> **Jovial** Gluten Free Spaghetti 12 °<sup>2</sup>

reg \$5.59





35% OFF

> Jovial Tomatoes Crushed 18.3 °z

reg \$5.49



NET WT 18.3 OZ (520 G)

40% 0FF

Fruits
Blended Fruits
Strawberry &
Apple
3.2 °z

reg **\$1.49** 





35% 0FF

Buddy Fruits Fruit Spread Strawberry 13 °2′

reg **\$7.29** 



40% 0FF

Organic Extra Virgin Olive Oil 16.9 °z

reg \$19.19

\$1149



40% 0FF

Tasty Bite

Bombay

Potatoes

10 °z

reg \$4.99



35% 0FF

> Pro Bar Bolt Energy Chews Raspberry 2.1°<sup>2</sup>

reg \$3.29

\$2<sup>09</sup>



35% 0FF

Pro Bar Meal Bar Peanut Butter Chocolate chip 3°<sup>2</sup>



reg \$4.29

## DRINKS

40%

Olipop **Sparkling Tonic** Strawberry Vanilla 12 oz

reg \$2.89



Olipop **Sparkling Tonic** Classic **Root Beer** 12 oz

reg \$2.89



Olipop **Sparkling Tonic** Crisp Apple 12 oz

reg \$2.89



Olipop **Sparkling Tonic** Lemon Lime 12 oz

reg \$2.89



Guru **Organic Energy** Drink Original 12 oz

reg \$3.79



Mamma Chia Chia Beverage Select Flavors 10 oz

reg \$4.39



reg \$7.89

Elmhurst

reg \$1.99

Gunna

**Tropical** 

12 oz

Lemonade

Sparkling Drink



#### Lifeway

Organic Kefir Lowfat Select Flavors 32 oz

reg \$7.49



**Hoptonic** White Orchid **12** oz

reg \$3.59



**Wild Tonic** Non-Alcoholic Mocktails Paloma 19.75 oz

reg \$4.39



Califia Almond Milk **Blend** Toasted Coconut 48 oz

reg \$5.89



## HAPPY EARTH DAY!

#### Celebrate Earth Day with our new reusable tote!

Good Earth Markets has been fueling your wellness journey since 1973! We celebrate your path and the beautiful state we call home with our newest tote. Wherever you're headed this summer, Good Earth Markets is ready to help you take the next step in your journey with natural groceries, 100% organic produce, premium supplements, sports nutrition, and much more. These reusable totes are made of recycled materials and are large enough to haul groceries or anything else you need! The artwork was illustrated by our own Buying Director, Sadie Humphrey, and are only available while supplies last!



Nature's Way Quick Calm Gummy 60 ct

reg \$22.99



35%

Way Sambucus Elderberry Gummy 50 ct

reg \$20.99

Nature's



35%

Nature's Way Magnesium Gummy 90 ct

reg \$26.99



35%

Nature's Way Women's **Probiotic** Gummy 60 ct

reg \$21.99





**Desert** Essence

Tea Tree Oil **1** oz

reg \$13.69



**S8**<sup>69</sup>

**Desert** Essence Pure Jojoba Oil

reg **\$15.79** 

**4** oz

**Desert Essence** Face Wash 8.5 oz

reg \$11.79



45%

**Desert Essence** Coconut Oil **Pulling Rinse** 

reg \$11.59



## NEW

Beekeeper's **Naturals** 

**Propolis Nasal Spray Sinus** Congestion Rinse 1 oz

reg \$15.49

Expands the nasal passage to cleanse and clear congestion. Soothes and moisturizes irritated nasal passages.

EDLP \$44.99

#### BlackMarket

Defy the Rule Pre-Workout Watermelon Lemonade 40 serv



reg \$59.99

Take control with our strongest, clinically dosed Nootropic Pre-workout for sharp focus & attention. Featuring triple caffeine release with added pump.

#### **Rowe Casa**

**Detox Mask** 



reg \$23.69

Keep your face smooth, beautiful, and toxin free! This powerful detox mask is great for pulling out impurities, exfoliating, and revitalizing your complexion.

EDLP \$1.25

#### **Pirq**

Electrolyte + Curcumin **Drink Mix** .19 oz



reg \$1.68

Powerhouse of 5 essential electrolytes to boost hydration and replenishment! Sodium, Potassium, Calcium, Chloride, and Magnesium work together to replenish minerals, balance pH levels, and support cellular and muscle function.

#### Catalina Crunch

Cereal Honey Nut **Almonds** 8 oz



NASAL

reg \$11.99

New Catalina Crunch Pairings Cereal: Catalina Crunch Pairings is the latest cereal offering from your favorite keto friendly cereal brand.

#### Catalina Crunch

Cereal Blueberry Muffin



reg \$11.99

Catalina Crunch plant proteins and fibers is designed to keep you full longer and promote gut health. Zero artificial ingredients." removing the bottom paragraph since it's just saying more about "Zero artificial ingredients.

#### **Primal** Kitchen

Poppyseed Avocado Oil Dressing & Marinade 8 oz

reg \$9.79



The newest darling in our dressing lineup, this Poppyseed Dressing delivers the sweetmeets-savory taste of the cherished classic but with an elevated ingredient list that includes avocado oil and organic apple cider vinegar.

#### Jack N' Jill

Fairy Floss Strawberry 30 ct



reg \$4,99

**Nordic** 

**Naturals** 

Kids Calm

**Gummies** 

60 ct

Plastic-free, compostable cornstarch handles in a fun giraffe shape. Recyclable floss with mild strawberry flavor. Easy to use and slide between teeth. No added PFAS or Teflon-like chemicals.

EDLP \$16.25

#### Aiya

Matcha+ Hydrate With **Electrolytes** Strawberry Pomegranate

8 pkt reg \$19.79



Aiya's MATCHA+ HYDRATE is designed as a post-workout beverage to help replenish the nutrients lost during an active session. Every packet contains 290mg of electrolytes (sodium and potassium).

EDLP \$5.39

#### HU

Dark Chocolate Gems Mint 3.5 oz



reg \$6.09

Natural, Organic, Vegan, Gluten Free, Paleo, Non GMO, Fair Trade

#### **Naturals**

Sleep + **Immune** Gummies 30 ct



reg \$28.79

NORDIC kids calm

Help little ones wind down at bedtime, naptime, or anytime with these delicious strawberry watermelon Kids Calm Gummies. Magnesium and L-theanine work together to promote calm and relaxation and reduce everyday stress, helping kids feel more settled.

#### **Nordic**

reg \$17.95

A good night's sleep is essential for a healthy immune system. Get 2-in-1 support for healthy immunity + restorative sleep with our Zero Sugar Sleep + Immune Gummies.

## NEW

Gaia Herbs Bloat Support Period

reg \$32.99

60 ct



Helps with occasional belly bloat relief for women. Helps with digestion and healthy bowel movements.

Gaia Herbs

Cycle Serenity Period 60 ct

reg \$32.99



Supports a balanced mood throughout your cycle with clinically studied Saffron, to support a positive mood and Fenugreek helps prevent hormonal fluctuation.

Gaia Herbs

Infinity Glow Women's Skin Support 120 <sup>cap</sup>

reg \$42.99

Saia
WOMEN'S SUN SUPPORT

Infinity Clow
In stilled may proxy discernation when supports
fewer Demokes that a Topes on a little a 55 days\*
INERAL SUPPLEMENT 100 VEGAN CAPELLS

reg \$39.99

Gaia Herbs Gut Revival 60 cap



Supports healthy intestinal permeability and digestive lining. Contains the clinically studied ingredient, AstraGin, that supports gut vitality and digestion.

EDLP \$3.39

Mortal Kombucha Peaches Be Crazy 16 °<sup>2</sup>



reg \$4.49

Mortal's same great, better-for-you kombucha flavors are now way better for the planet— available in infinitely recyclable, resealable, and lighter aluminum bottles.

Perk

Turbo Pre-workout Italian Strawberry Cream 20 serv



reg \$26.66

The Turbo flavor that supports your 'dessert first' mindset. Get the flavor that features juicy strawberry and the creaminess of coconut milk with a surprising Italian twist. EDLP \$2.89

Supports fewer blemishes in the T-zone

in as little as 45 days in a clinical study

of post- adolescent women. With Green

Tea and Pomanox to support the gut-skin

Mighty Pop Strawberry Hibiscus Soda 12 °<sup>2</sup>



reg \$3.49

Just 3 g sugar. USDA Organic. Certified Organic by Organic Certifiers, Inc. Vegan. Contains Prebiotics, Probiotics & Postbiotics OLLOIS Ollopain Arnica Cream 4 °<sup>2</sup>



reg \$10.99

Helps relieve muscle pain & stiffness due to minor injuries, overexertion & falls, swelling & bruises.

Sale \$4.19

Remedy Super Ube Glow 12 g Protein 12 °<sup>2</sup>



reg \$6.09

Super Ube Glow is a deliciously creamy purple wellness shake packed with purposeful ingredients like vibrant purple sweet potato and a blend of antioxidants, plant-based protein, and superfoods for a radiant inner glow.

Ritual Chocolate Chocolate Bar Desert Sands 2.12 °<sup>2</sup>



reg \$8.49

Ritual Chocolate is all about providing an exceptional experience for all chocolate lovers. This is not your everyday candy bar. Ritual chocolate bars are all handmade in small batches, each with a unique, bold flavor.

Wish Garden Serious V-Fighter



reg \$24.99

Serious V-Fighter is the formula you need for healthy immune support. This formula can ease some of those achy discomforts and respiratory challenges in the moment while helping you recover faster. Wish Garden Kick It Cough Kids 2°<sup>2</sup>



reg \$24.99

Kick-It Cough Soothing & Quieting For Kids is designed to calm your little one's cough and soothe their sore throats. This formula is powerful enough to get things movin' but gentle enough for your kiddo's developing body.

## BETTER FOR THE PLANET

40% OFF

#### **Ancient Nutrition** Once Daily

Grass-Fed Liver 30 tab

reg \$24.95



40%

**Ancient** 

**Nutrition** 

Once Daily

reg \$29.95

**Organs** 

**Blend** 

30 tab



40% **NFF** 

**Ancient Nutrition** 

Once Daily Women's Vitality 30 tab

reg \$34.95



#### ANCIENT NUTRITION

Every time you use an Ancient Nutrition product, you are part of our mission to plant 10 million superfood trees over the next 10 years. This Regenerative Food Forest will go a long way in transforming our health and revitalizing our planet. Together, step by step, we plan to help save the world



Nordic Naturals does their best to minimize their impact on the environment by sourcing their fish oil from certified sustainable fisheries, using recyclable packaging, and offsetting their carbon emissions by using biofuel to run their Norway-based factory. 35% **OFF** 

S29<sup>25</sup>

Nordic **Naturals Ultimate** Omega **Gummy Chews** 1200 ma 54 ct

reg \$44.95



35%

**Nordic Naturals Ultimate** Omega 1280 mg 60 ct

reg \$29.95



35%

with superfoods.

**Nordic Naturals Ultimate** Omega +CoQ10 1200 mg

reg \$40.95

60 ct



**Sunwarrior** 



**Beauty Greens** Collagen Booster 10.6 oz BEAUTY GREENS COLLAGEN

reg \$38.97





40%

**Ormus** Supergreens Mint 15.8 oz

reg \$54.97





40%

Sunwarrior

Thermo Greens Unflavored **7.4**°z

reg \$34.97







We understand that the earth gives us exactly what we need, and there's no need to modify that. Sunwarrior uses only organic & non-GMO ingredients when possible.

#### Here are some actionable Earth Day tips to make REAL changes in your life.

#### 1. Avoid Disposable Plastic

Problem: Single-use plastic takes more than 500 years to decompose. In the meantime, straws, plastic bags, and six-pack rings continue to pollute the environment and hurt marine life.

Solution: Use alternatives to disposable plastic — items made of wood, glass, ceramic, or stainless steel.

Action: When you go to the gym or the beach, think of Mother Earth and fill up a permanent water bottle. Bring your canvas bag when shopping for groceries. Banish the disposable cups from the office and use a nice ceramic coffee set instead.

Avoiding disposable/single-use plastics is probably the best sustainable living choice that a single individual can make.

Straws are practical, especially in cars and while traveling, not to mention refreshing summer cocktails. But straws don't need to end up in the ocean. Switch to reusable ones made from stainless steel, silicone, or bamboo.

The sea turtles will be grateful.

#### 2. Eat Local

Problem: Processed food in the U.S. travels over 1,300 miles while fresh produce takes about 1,500 miles to get to your table. That's a lot of carbon emissions from transport, storage, and refrigerating.

Solution: Eat more locally-grown food.

Action: Eating local not only supports local farmers and venues, but your food travels less from farm to table. Less "food miles" means fewer carbon emissions. Vegetables that are organically grown on small family farms are not only free from pesticides but also taste better and have more nutrients. Celebrate Earth Day by making a feast on which you'll serve only locally grown food.

#### 3. Choose Online Billing

Problem: About 1 billion trees worth of paper are thrown away every year in the U.S. A large part of these is utility bills, brochures, and catalogs that no one ever reads.

Solution: Opt for online billing and cancel unnecessary subscriptions.

Action: Utility providers, cable, companies, and banks let you choose to receive online statements or printed ones. Help our planet recover from trash by choosing online statements. Not all localities have developed recycling networks, so this also reduces the amount of paper that goes to landfills. If you get a lot of unwanted catalogs and brochures, at least make sure that paper ends up in the recycling bin.

#### 4. Buy Green Products

Problem: Non-recyclable waste is becoming a major issue in every corner of the world. A study shows that during the lockdown packaging waste has increased by 53%. Now is the time to settle the score.

Solution: Keep an eye on what goes into your shopping cart and give priority to sustainable products.

Action: Instead of single-use, disposable items, look for eco-friendly products that are reusable, second-hand, sustainably sourced, or made of recycled materials. For example, a bar of sustainable soap in the paper wrap is way better for the environment than a bottled shower gel with microplastic particles.

#### 5. Plant Trees

Problem: At the current deforestation rate, the world's rainforests could completely disappear by 2100. Forests trap carbon dioxide and prevent soil erosion, but are also home to the most diverse ecosystems.

Solution: Every one of us should use every opportunity to plant and nurture a tree.

Action: This one is pretty simple — plant a tree.

## GOOD EARTH LOOSE LEAF TEA

**Good Earth** Loose **Leaf Tea Daily Wellness** 

reg \$10.99



Daily Wellness Tea, the perfect blend to support your overall health and well-being. Packed with essential vitamins and minerals, this tea is designed to be enjoyed daily to help maintain a healthy lifestyle. With a refreshing and soothing flavor, it's the ideal way to start your day or wind down in the evening.

Good Earth 4 Loose **Leaf Tea Stress Less** 

reg \$10.99



Stress Less Tea, a calming blend of herbs designed to help you feel relaxed and at ease. This tea can be enjoyed in the morning to start your day with a sense of calm, or in the evening to help promote a restful night's sleep. The soothing properties of these herbs can help to ease anxiety and promote a sense of tranquility, making it a perfect addition to your daily routine.

Good Earth Loose **Leaf Tea** Vitamin C

reg \$10.99



Vitamin C Tea, the perfect blend to boost your immune system and overall health. Packed with vitamin C, this tea is a natural way to fight off infections and support your body's defenses. In addition, vitamin C is known for improving skin health, giving you a radiant and healthy glow. This tea is a delicious and convenient way to incorporate more vitamin C into your daily routine.

**Good Earth** Loose **Leaf Tea** Feel Better





Feel Better Fast Tea, the perfect remedy for when you're feeling under the weather. Whether you've been exposed to illness or are experiencing the first signs of feeling unwell, this tea is your go-to solution. Packed with immune-boosting herbs, Feel Better Fast Tea will help your body fight off sickness and get you back to feeling your best in no time.

#### **Good Earth** Loose **Leaf Tea** Digestion

reg \$10.99



Digest Better Tea is the perfect solution for anyone looking to improve their digestive health. This specially formulated tea is designed to alleviate bloating and stomach pain, allowing you to feel more comfortable after meals. Digest Better Tea helps to support and enhance the body's natural digestive processes, promoting better absorption of nutrients.

#### Good Earth \* Loose **Leaf Tea** Mom To Be

reg \$10.99



Mom To Be Tea is a carefully crafted blend of organic nourishing herbs designed to support the health of both mom and baby during pregnancy. This herbal tea is packed with essential minerals and vitamins to help promote a healthy pregnancy.

#### Good Earth Loose **Leaf Tea Healthy Heart**

reg \$10.99



Healthy Heart Tea is a soothing, comforting blend that is good for both emotional and physical heart health. Packed with ingredients that promote good blood circulation and help to soothe the nervous system, this tea is like a big hug for your heart.

**Good Earth** Loose \* **Leaf Tea** Allergy Ease





reg \$10.99

Allergy Ease tea is a specially crafted blend designed to help modulate the immune system's response to irritants that can trigger the release of histamine. Perfect for allergy season, this tea can help alleviate symptoms like sneezing, itching, and watery eyes, while also helping to clear up airways so you can breathe easier. Infused with soothing herbs,

Save time and order online at www.goodearthmarkets.com | Free in-store pickup and local delivery on orders of \$150 or more! Prices valid 04/01/2024-04/30/2024. Subject to availability. No rainchecks. Prices subject to change without notice. We reserve the right to correct errors.