



GOOD EARTH — MARKETS —

MONTHLY DEALS

HAPPY NATIONAL ORGANIC MONTH!

40%
OFF

\$19⁷⁵



Ancient Nutrition

Super Greens
Gummies
Strawberry
Watermelon
50 Gummies

reg \$32.95



Designed to give you the benefits of juicing every day (without the hassle), Organic SuperGreens is the easiest, tastiest way to get 25+ superfoods.

40%
OFF

\$3²⁹



TCHO
Holy Fudge
2.5 oz

reg \$5.49



A dense and fudgy cacao truffle filled dark chocolate from Ghana's world-renowned cacao farms. Tasting notes of crisp brownie edges.

SUPPLEMENTS

30%
OFF

\$20⁹⁹

**Life
Seasons**
Clinical
Immunity
Daily Boost
60 cap

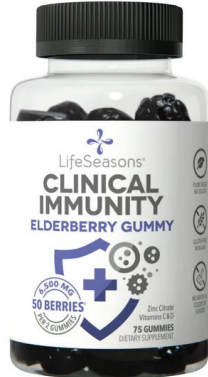


reg \$29.99

30%
OFF

\$17⁴⁹

**Life
Seasons**
Clinical
Immunity
Elderberry
Gummies
75 gummies



reg \$24.99

30%
OFF

\$20⁹⁹

**Life
Seasons**
Clinical
Immunity
Quick Start
60 ct



reg \$29.99

35%
OFF

\$28⁰⁹

**Trace
Minerals**
Trace Minerals
Drops
8 oz

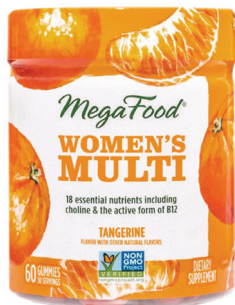


reg \$43.29

25%
OFF

\$14²⁵

**Mega
Foods**
Women's Multi
Gummies
Tangerine
60 ct



reg \$18.99

30%
OFF

\$13²⁵

**Nordic
Naturals**
Complete
Omega
Lemon
60 ct



reg \$18.95

25%
OFF

\$23⁴⁹

Aloe Life
Aloe Gold
Aloe Vera
Juice
32 oz



reg \$31.31

40%
OFF

\$3⁷⁹

Bigelow
Green Tea
40 ct



reg \$6.29

35%
OFF

\$17⁸⁹

**Source
Naturals**
Wellness
Formula
90 tab



reg \$27.50

30%
OFF

\$26⁰⁹

**Irwin
Naturals**
Sensual
Woman
60 gel



reg \$37.32

25%
OFF

\$18⁷⁵

**Dr.
Mercola**
Fermented
Black
Garlic
60 cap



reg \$24.99

30%
OFF

\$41⁹⁹

**Host
Defense**
Lion's Mane
120 cap



reg \$59.95

BODY CARE

30%
OFF

\$9⁹⁹

Schmidt's
Deodorant
Bergamot &
Lime
7.5 oz



reg \$14.29

30%
OFF

\$7⁸⁵

**Seaweed
Bath Co.**
Smooth
Shampoo
Citrus Vanilla
12 oz



reg \$11.19

30%
OFF

\$7⁸⁵

**Seaweed
Bath Co.**
Balance
Conditioner
Eucalyptus
Peppermint
12 oz



reg \$11.19

30%
OFF

\$4⁶⁹

**Lily of the
Desert**
Aloe Vera
Gelly
8 oz



reg \$6.69

35%
OFF

\$17²⁵

Acure
Resurfacing
Overnight
Glycolic
Treatment
1 oz



reg \$26.49

35%
OFF

\$7³⁹

Acure
Brightening
Cleansing
Gel
4 oz



reg \$11.39

35%
OFF

\$14⁵⁹

Acure
Brightening
Night Cream
1.7 oz



reg \$22.49

35%
OFF

\$8⁶⁵

Acure
Brightening
Vitamin C
Superfine Mist
2 oz



reg \$13.29

40%
OFF

\$5³⁹

Lumineux
Kids Toothpaste
Oral Perfection
Strawberry
3.75 oz



reg \$8.99

40%
OFF

\$6³⁹

Lumineux
Whitening
Toothpaste
1.75 oz



reg \$10.69

35%
OFF

\$3⁸⁹

Humphreys
Witch Hazel
With Rose
3.5 oz



reg \$5.99

35%
OFF

\$7⁷⁹

Humphreys
Witch Hazel
With Aloe
8 oz



reg \$11.99

ORGANIC

40%
OFF

\$4⁵⁹

**Primal
Kitchen**
BBQ Sauce
Classic
Unsweetened
8.5 oz



reg \$7.69



40%
OFF

\$3⁵⁹

**Primal
Kitchen**
Dijon
Mustard
12 oz



reg \$5.99



40%
OFF

\$6⁴⁹

**Primal
Kitchen**
Ketchup
Unsweetened
18.5 oz



reg \$10.89



40%
OFF

\$7¹⁵

**Grandy
Organics**
Original
Coconola
9 oz



reg \$11.89



30%
OFF

\$4⁹⁵

**RW
Garcia**
Crackers
Lentil w/
Turmeric
5.5 oz



reg \$7.09



40%
OFF

\$3³⁹

**RW
Garcia**
Yellow
Corn
Chips
10 oz



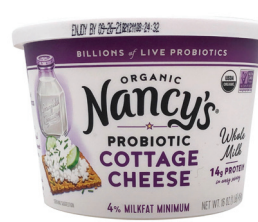
reg \$5.69



30%
OFF

\$4⁹⁹

Nancy's
Cottage
Cheese
16 oz



reg \$7.19



30%
OFF

\$5³⁹

Nancy's
Yogurt
Vanilla
12 oz



reg \$7.69



35%
OFF

\$5⁵⁵

Rudis
Bread
100% Whole
Wheat
22 oz



reg \$8.49



40%
OFF

\$4⁸⁹

**Arrowhead
Mills**
Oat Flour
Pancake &
Waffle Mix
16 oz



reg \$8.19



30%
OFF

\$1⁷⁹

**Mamma
Chia**
Vitality Snack
Select Flavors
3.5 oz



reg \$2.59



30%
OFF

\$6⁵⁹

**Mamma
Chia**
Chia Seed
12 oz



reg \$9.39



ORGANIC DRINKS

35%
OFF

\$2⁴⁵

Guru
Yerba Mate
12 oz



reg \$3.79

35%
OFF

\$2⁴⁵

Guru
Yerba Mate
Energy
12 oz



reg \$3.79

30%
OFF

\$2⁸⁵

Clean Cause
Yerba Mate
Raspberry
9 oz



reg \$4.09

30%
OFF

\$2⁸⁵

Clean Cause
Yerba Mate
Watermelon
Mint
9 oz



reg \$4.09

40%
OFF

\$2⁶⁹

Sunwink
Sparkling
Tonic
Lemon Rose
Uplift
12 oz



reg \$4.49

40%
OFF

\$2⁶⁹

Sunwink
Sparkling
Tonic
Detox
Ginger
12 oz



reg \$4.49

40%
OFF

\$2⁶⁹

Sunwink
Sparkling
Tonic
Hibiscus Mint
Unwind
12 oz



reg \$4.49

40%
OFF

\$2⁶⁹

Sunwink
Sparkling
Tonic
Digestion
Lemon
12 oz



reg \$4.49

35%
OFF

\$2⁶⁹

Kevita
Kombucha
Mango Lime
15.2 oz



reg \$4.19

35%
OFF

\$2⁶⁹

Kevita
Sparkling
Probiotic
Drink
Select Flavors
15.2 oz



reg \$4.19

35%
OFF

\$2⁶⁹

Kevita
Kombucha
Tart Cherry
15.2 oz



reg \$4.19

35%
OFF

\$3⁶⁵

Kevita
Herbal
Spritzer
Orange Sage
15.2 oz



reg \$5.59

FEATURED PRODUCTS

40%
OFF

\$5²⁹

Outer Aisle
Cauliflower
Sandwich
Thins
16 oz



reg \$8.79

35%
OFF

\$2⁵⁹

Amy & Brian
Coconut
Water
Original
17.5 oz



reg \$3.99

35%
OFF

\$5⁷⁹

B Free
Gluten Free
Bread
Soft White
Loaf
14.11 oz



reg \$8.89

45%
OFF

\$4¹⁹

Barbara
Cereal
Puffins
Peanut Butter
11 oz



reg \$7.59

35%
OFF

\$3⁰⁹

Somos
Mexican
Black
Beans
10 oz



reg \$4.79

30%
OFF

\$10⁶⁵

Laird
Hot Chocolate
+ Adaptogens
16 oz



reg \$15.19

35%
OFF

\$2²⁹

Life Aid
Fit Aid
Energy + Sport
Recovery
Mango Sorbet
12 oz



reg \$3.49

35%
OFF

\$2²⁹

Life Aid
Focus Aid
Clean Energy
Melon
12 oz



reg \$3.49

35%
OFF

\$3⁸⁹

Daisy
Cottage
Cheese
24 oz



reg \$5.99

30%
OFF

\$1²⁵

CoAqua
Coconut Water
12 oz



reg \$1.79

35%
OFF

\$4¹⁹

ithaca
Hummus
Lemon
Garlic
10 oz



reg \$6.49

35%
OFF

\$5²⁵

ithaca
Salsa
Medium Fire
Roasted
14 oz



reg \$8.09

UTAH LOCAL SPOTLIGHT



HAPPY NATIONAL HONEY MONTH!

Honey Gardens
Raw Honey
Wildflower
9 oz



reg \$12.99

Unfiltered, unheated, and free from fillers and preservatives.

Honey Gardens
Organic
Raw Honey
1 lb



reg \$25.19



Only produced in wild, uncultivated lands with no use of pesticides or fertilizers, our USDA Organic honey has a superior taste due to its natural purity.

Honey Gardens
Organic
Raw Honey
9 oz



reg \$12.99



Our Apitherapy Raw Honey contains healthful naturally occurring vitamins, minerals, antioxidants, amino acids, and enzymes to help support general health and wellbeing.

Honey Gardens
Elderberry &
Honey
Immune Drink
10.3 oz



reg \$8.09

With naturally occurring antioxidants including flavonoids and phenolic compounds, elderberry is commonly used to support healthy immune function.

Honey Gardens
Kids Honey
Immune Syrup
4 oz



reg \$13.69

Complete with raw honey, fresh pressed juice from elderberries, organic apple cider vinegar, propolis and echinacea.

Honey Gardens
Elderberry &
Honey
Immune Syrup
8 oz



reg \$23.39

With naturally occurring antioxidants including flavonoids and phenolic compounds, elderberry is commonly used to support healthy immune function.

Honey Gardens
Kids Cherry &
Honey
Throat Syrup
4 oz



reg \$13.69

Our formula is made with organic raw honey and includes favorite folk remedies for respiratory support like Umcklaloabo, Black Cherry, and Marshmallow.

Honey Gardens
Cherry &
Honey
Throat Syrup
8 oz



reg \$23.39

Whole and Raw: Traditional formula includes Whole Elderberry Puree w/ Raw Honey and Apple Cider Vinegar

NEW

Just Ingredients
Popcorn Salt
Movie Theater
Butter
2.11 oz



reg \$7.99

Say goodbye to bland popcorn and embrace a tastier snacking option with Movie Theater Butter Popcorn Salt.

Just Ingredients
Popcorn Salt
Garlic Butter
2.11 oz



reg \$7.99

Sautéed garlic meets creamy butter for a binge-able, guilt-free favorite.

Just Ingredients
Popcorn Salt
Parmesan
Cheese
2.11 oz



reg \$7.99

Delectably salty with a tangy, parmesan twist.

Just Ingredients
Popcorn Salt
Cheddar
Cheese
2.11 oz



reg \$7.99

A delightfully sharp, cheesy flavor explosion perfect for every cheese lover.

EDLP \$2.59

Liquid Death
Armless
Palmer
19.2 oz



reg \$3.10

Half iced black tea, half lemonade with natural agave and B vitamins.

EDLP \$1.83

Liquid Death
Berry It Alive
16.9 oz



reg \$1.99

Lightly sweetened with agave nectar for more brutal flavor.

Himalaya
Ashwagandha
Gummies
56 Gummies



reg \$23.99



Made with clinically-studied KSM-66 Ashwagandha root extract for a daily source of energy and stress relief by supporting your adrenals and balancing cortisol.

EDLP \$47.96

Neuro Q
Smart
Thinking
Brain Power
60 Cap



reg \$59.95

Power up. Think quickly and perform accurately under pressure.

Edlp \$4.75

Siete
Grain Free
Puff Snacks
Select
Flavors
4 oz



reg \$5.29

We present to you: Queso Puff Snacks! Think of them as our way of transporting the nostalgic flavors of a snack shop straight to you.

EDLP \$2.59

Just Ice Tea
Half Tea &
Half
Lemonade
16 oz



reg \$2.99



Made with organic, Fair Trade black tea and lemonade, this refreshing beverage is perfect for any time of day.

Core Foods
Keto Brownie
Bites Caramel
Walnut
Blondie
4.4 oz



reg \$10.49

Caramel and walnut combine for a flavor that is rich, nutty, buttery and creamy - basically all you could ever want, with nothing you don't.

Truveni
Protein +
Energy
Vanilla Latte
15.87 oz



reg \$49.95



Protein+Energy delivers 12g of plant-based protein, 87 mg of smooth caffeine, functional mushrooms, adaptogens, and MCT oil.

NEW

RYSE
Fuel
Energy Drink
Peach Cooler
16 oz

EDLP \$2.49



reg \$3.49

200mg Caffeine Energy Drink.
Good Source of Vitamin C.
200mg Choline. Zero Sugar.

Alani
Gummi
60 Cap

EDLP \$2.49




reg \$2.99

With only 80 calories and 2g of sugar per bag, our gluten-free Alani Gummi gummy bears make smart snacking fun and flavorful!

Endangered Species
Orange Peel
in Dark
Chocolate
3.2 oz

EDLP \$2.49



reg \$4.49

Freeze-dried orange peel enveloped in Belgian dark chocolate

Plant Therapy
Castor oil
16 oz

EDLP \$11.99



reg \$11.99

Organic Castor Oil helps moisturize, strengthen and condition your hair. Adding castor oil to your scalp supports healthy growth while locking in moisture.

Mixers
herbaby
Pre &
Postnatal
Drink Mix
30 ct

EDLP \$45.83



reg \$55.00

Herbaby helps to soothe morning sickness symptoms and even assists postpartum recovery.

Mixers
herthrive
Menopause
Support Drink
Mix
15 ct

EDLP \$24.99



reg \$30.00

Daily menopause supplement supports energy and balances hormones in one easy drink mix.

Mixers
herboost
Tropical Zing
15 ct

EDLP \$20.99



reg \$25.20

Green tea extract and taurine offer clean energy support.

Mixers
herguard
15 serv

EDLP \$21.67



reg \$26.00

Power up. Think quickly and perform accurately under pressure.

Nature's Way
Brain Fuel
Grape
60 Gummies

EDLP \$3.55



reg \$19.99

Nature's Way Brain Fuel gummies support short-term memory and concentration and nourish the brain.

So Good So You
Immunity
1.7 oz

EDLP \$3.55



reg \$4.25

Rich in antioxidants and vitamins, elderberry packs a powerful punch.

Jocko Hydrate
Lemon Lime
16 Pkts

EDLP \$24.99



reg \$28.99

Jocko Hydrate is packed with electrolytes, vitamins, and functional carbohydrates to help you replenish and recover.

Good Buddy
USA Rawhide
5 ct

EDLP \$8.99



reg \$9.95

Made from grass-fed USA beef and basted in a natural chicken flavor.

ORGANIC FARMING

WHAT IS ORGANIC FARMING?



The word "organic" means the way farmers grow and process farming (agricultural) products. These products include fruits, vegetables, grains, dairy products such as milk and cheese, and meat.

ORGANIC FARMING PRACTICES ARE DESIGNED TO MEET THE FOLLOWING GOALS:

- Improve soil and water quality
- Cut pollution
- Provide safe, healthy places for farm animals (livestock) to live
- Enable natural farm animal behavior
- Promote a self-sustaining cycle of resources on a farm

MATERIALS OR METHODS NOT ALLOWED IN ORGANIC FARMING INCLUDE:

- Artificial (synthetic) fertilizers to add nutrients to the soil
- Sewage sludge as fertilizer
- Most synthetic pesticides for pest control
- Using radiation (irradiation) to preserve food or to get rid of disease or pests
- Using genetic technology to change the genetic makeup (genetic engineering) of crops, which can improve disease or pest resistance, or to improve crop harvests
- Antibiotics or growth hormones for farm animals (livestock)

ORGANIC CROP FARMING MATERIALS OR PRACTICES MAY INCLUDE:

- Plant waste left on fields (green manure), farm animal manure or compost to improve soil quality
- Plant rotation to keep soil quality and to stop cycles of pests or disease
- Cover crops that prevent wearing away of soil (erosion) when sections of land aren't in use and to plow into soil for improving soil quality
- Mulch to control weeds
- Insects or insect traps to control pests
- Certain natural pesticides and a few synthetic pesticides approved for organic farming, used rarely and only as a last choice and coordinated with a USDA organic certifying agent

ORGANIC FARMING PRACTICES FOR FARM ANIMALS (LIVESTOCK) INCLUDE:

- Healthy living conditions and access to the outdoors
- Pasture feeding for at least 30% of farm animals' nutritional needs during grazing season
- Organic food for animals

HAPPY NATIONAL HONEY MONTH

WHY WE NEED BEES BEEYOND HONEY

by: Honey Gardens

While we're all familiar with our black and yellow striped friends who frequent our flowerbeds, many are unaware of bees' importance. Not only do they provide us with a host of valuable products (e.g. honey, propolis and beeswax), they also support a large chunk of the U.S.

agriculture industry. According to the FDA, nearly one out of every three bites we take is from a crop pollinated by honeybees.

Honeybees form an important pillar of U.S. agriculture. Over 90 commercial crops are dependent on bee pollination, including apples, melons, cranberries, pumpkins, squash, broccoli, almonds and more. From pollination alone, bees are estimated to provide a value of \$14.6 billion to the agricultural industry as of 2000, a number expected to keep increasing as the industry continues to grow.

BEE PRODUCTS. A+ QUALITY.

Apart from their enormous contribution to the agricultural industry, honeybees also produce substances packed with nutritional value and with a diverse range of uses. The honey industry alone was valued at \$200 million, as Americans in 2010 consumed an estimated 410 million pounds of the product. In addition to honey, bees make propolis, pollen and wax, which are used in everything from apitherapy to making candles.

TROUBLE IN THE HIVE

Despite their immense impact on our diets and economy, bees are disappearing at an alarming rate. According to a survey by Bee Informed Partnership, U.S. beekeepers lost nearly 40% of their colonies in 2019. What's more alarming still is that this loss was only slightly above average.

Honeybees face a number of threats that are contributing to their dwindling numbers. Man-made factors like decreased crop diversity and increasing use of pesticides, like neonicotinoid can significantly weaken bees' immune systems, sometimes even killing them. Increased development has also been quickly encroaching on wild bees' homes, as their habitats are converted for industrial agriculture.

The varroa mite is another one of the honeybees' greatest threat. These mites latch onto honeybees and feed on their fat body tissue, seriously weakening bees and sometimes leading to the downfall of entire colonies, a phenomenon called Colony Collapse Disorder (CCD). These mites can also spread diseases across hives, despite the careful treatment of beekeepers.

KEEP THE BUZZ GOING

With that said, the future isn't all hopeless. There are easy, practical steps you can take to support the honeybee population. One easy way to support bees that also adds some color to your home is to start a bee garden. When planting your bee garden, be sure to plant single flower tops, like marigolds and daisies, instead of double headed tops. Single flower tops produce more nectar and make it easier for bees to access the pollen. Also, be sure to ditch any synthetic fertilizers in your garden – keeping things natural can help ensure hives aren't harmed by harsh chemicals.

You can also consider sponsoring a hive in order to help provide a sustainable future for our honeybee buddies.

NEW! GARDEN OF LIFE

THESE TASTY GUMMIES ARE MADE FROM WHOLE FOOD FERMENTED INGREDIENTS, CONTAIN CLINICALLY STUDIED PROBIOTICS, AND ARE DOWNRIGHT DELICIOUS. VITAMIN CODE GUMMIES PUT A TASTY TWIST ON TARGETED FORMULAS FOR THE ENTIRE FAMILY.

40%
OFF

\$16¹⁹

Garden of Life
Vitamin Code
Gummies
Prenatal Multi
90 Gummies



reg \$26.99

40%
OFF

\$14³⁹

Garden of Life
Vitamin Code
Gummies
CoQ10
60 Gummies



reg \$23.99

40%
OFF

\$14³⁹

Garden of Life
Vitamin Code
Gummies
Calcium &
Magnesium
60 Gummies



reg \$23.99

40%
OFF

\$16¹⁹

Garden of Life
Vitamin Code
Gummies
Women's Multi
90 Gummies



reg \$26.99

40%
OFF

\$16¹⁹

Garden of Life
Vitamin Code
Gummies
Men's Multi
90 Gummies



reg \$26.99

40%
OFF

\$14⁹⁹

Garden of Life
Vitamin Code
Gummies
Kids Multi
90 Gummies



reg \$24.99

American Fork

336 West Main
(801) 756-0233

Orem

500 South State Street
(801) 765-1616

Spanish Fork

863 North 700 East
(801) 798-7920

Riverdale

1050 West Riverdale Rd.
(801) 334-5500

Sandy

7905 South 700 East
(801) 562-2209

Layton

1160 W. Hill Field RD.
(385) 382-1500

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